

DAY 2 - Saturday, November 26 "Difficult to Treat Populations"		
Time/ Location	Activity	Speaker
7:30 am - 8:30 am	Registration & Continental Breakfast	
8:30 am - 8:45 am	Welcome Opening Remarks & Introductions	Dr. Benoit Mulsant & Dr. Sanjeev Sockalingam
8:45 am - 9:30 am 9:30 am - 10:15 am 10:15 am - 10:45 am	Morning Plenary – Early Intervention for Psychosis Morning Plenary – Pharmacogenetic Testing is Replacing Trial-and-Error Prescribing Q&A Discussion	Dr. Aristotle Voineskos (CAMH) Dr. Jim Kennedy (CAMH)
10:45 - 11:00 am	15 Minute Break	
11:00 am - 12:00 pm	Workshop #1 – Advances in Psychopharmacology in Schizophrenia	Dr. Gary Remington (CAMH)
	Workshop #2 – Treatment Updates in OCD	Dr. Peggy Richter (Sunnybrook Health Sciences)
	Workshop #3 – Updates in Adolescent Bipolar Disorder	Dr. Ben Goldstein (Sunnybrook Health Sciences)
	Workshop #4 - Treating Co-Morbid Alcohol Use and Mood Disorders	Dr. Andriy Samokhvalov (CAMH)
12:00 pm - 1:00 pm	Lunch Break	
1:00 pm - 2:00 pm	Afternoon Plenary – Perinatal Psychiatry	Dr. Simone Vigod (Women's College Hospital)
2:00 pm - 3:00 pm	Workshop #5 - Managing Behavioural and Psychiatric Symptoms in Neurocognitive Disorders	Dr. Tarek Rajji (CAMH)
	Workshop #6 – Integrating Online Psychotherapies into Clinical Practice	Dr. David Gratzner (The Scarborough Hospital)
	Workshop #7 – Treatment of Somatization	Dr. Susan Abbey (UHN)
	Workshop #8 - Treating Co-Morbid Alcohol Use and Mood Disorders	Dr. Andriy Samokhvalov (CAMH)
2:00 pm - 3:00 pm *Pre-registration and additional fee required	Skill-Based Workshop* (Section 3) Medication Monitoring in Practice	Dr. Andrea Waddell (UHN) & Dr. Nadiya Sunderji (St. Michael's Hospital)
3:00 pm - 3:10 pm	Evaluations	
3:10 pm - 3:30 pm	Closing Remarks & Wrap up	Dr. Benoit Mulsant & Dr. Sanjeev Sockalingam



University of Toronto, Department of Psychiatry
& Canadian Network for Mood and Anxiety
Treatment (CANMAT)

Depression Guidelines 2016 and Psychopharmacology Update November 25 & 26, 2016

Location:
The Sheraton Centre Hotel
123 Queen St. West
Toronto, ON M5H 2M9

PROGRAM HIGHLIGHTS

- Updates on Treating Depression in Specific Populations: Lifespan and Gender Perspectives
- Data famine to Data Feast: Shaping Treatment Options for Bipolar Depression
- Practical Issues in Managing Adolescent Depression
- Restoration of Function in the Management of Depressive Disorders
- Advances in Psychopharmacology in Schizophrenia
- Pharmacogenetic Testing
- Updates in Early Psychosis Management
- Perinatal Psychopharmacology
- Treatment of Somatization

ABOUT

This two-day psychopharmacology program will provide you with recent updates on the evidence and advances in best practices on the treatment of major psychiatric disorders.

The first day (Friday, November 25th) will focus on the **CANMAT Depression Guidelines 2016**, which have recently been published in the Canadian Journal of Psychiatry and represent a major revision of the previous 2009 Guidelines. This day will include keynote speakers on Depression across the Lifespan, Integrated Psychological Therapies in Major Depressive Disorder and treating Depression in Bipolar Disorder. It will also include workshops and panel presentations on key issues from the Guidelines.

The second day (Saturday, November 26th) will focus on **Difficult to Treat Populations** and will include sessions from international experts of the University of Toronto, Department of Psychiatry. Sessions will focus on the psychopharmacology updates in Early Psychosis, Schizophrenia, Anxiety Disorders, Bipolar Disorder and Substance Use Disorders. In addition, we plan to introduce novel sessions offering attendees an opportunity to earn required Maintenance of Certification Section 3 credits through chart audits and a facilitated session at the conference.

SPEAKERS

- *Dr. Susan Abbey*
- *Dr. Christopher Bowie*
- *Dr. Peter Giacobbe*
- *Dr. Ben Goldstein*
- *Dr. David Gratzer*
- *Dr. Jim Kennedy*
- *Dr. Sidney H. Kennedy*
- *Dr. Raymond Lam*
- *Dr. Glenda MacQueen*
- *Dr. Roumen Milev*
- *Dr. Benoit Mulsant*
- *Dr. Sagar Parikh*
- *Dr. Gary Remington*
- *Dr. Tarek Rajji*
- *Dr. Peggy Richter*
- *Dr. Andriy Samokhvalov*
- *Dr. Ayal Schaffer*
- *Dr. Sanjeev Sockalingam*
- *Dr. Nadiya Sunderji*
- *Dr. Simone Vigod*
- *Dr. Aristotle Voineskos*

REGISTRATION LINK: <https://www.eply.com/UofTCANMATPsychopharmacologyConference1662807>

SPEAKER'S BIO LINK: <http://www.psychiatry.utoronto.ca/speaker-bios-depression-guidelines-2016-psychopharmacology-update-conference/>

DAY 1 - Friday, November 25 Depression Guidelines 2016		
Time/ Location	Activity	Speaker
7:30 am - 8:30 am	Registration & Continental Breakfast	
8:30 am - 8:45 am	Welcome Opening Remarks & Introductions	Dr. Sidney Kennedy & Dr. Ayal Schaffer
8:45 am - 9:30 am	Morning Plenary - Treating Depression in Specific Populations: Lifespan and Gender Perspectives	Dr. Glenda MacQueen (University of Calgary)
9:30 am - 10:15 am	Morning Plenary - Data Famine to Data Feast: Shaping Treatment Options for Bipolar Depression	Dr. Ayal Schaffer (Sunnybrook Health Sciences)
10:15 am - 10:45 am	Q&A Discussion	
10:45 am - 11:00 am 15 Minute Break		
11:00 am -12:00pm	Workshop #1 – Cognitive Screening in Depressed Patients	Dr. Raymond Lam (University of British Columbia)
	Workshop #2 – Delivering Neurostimulation Therapies in Ontario	Dr. Peter Giacobbe (UHN) & Dr. Roumen Milev (Queen's)
	Workshop #3 – Practical Issues in Managing Adolescent Depression	Dr. Glenda MacQueen (University of Calgary)
	Workshop #4 – Psychotherapy and Pharmacotherapy in Clinical Practice	Dr. Sagar Parikh (University of Michigan)
12:00 pm - 1:00 pm Lunch Break		
1:00 pm - 2:00 pm	Afternoon Plenary - Canadian Biomarker Integration Network in Depression (CANBIND): Are we making progress?	Dr. Sidney Kennedy (UHN)
2:00 pm - 3:00 pm	Workshop #5 – Cognitive Screening in Depressed Patients	Dr. Raymond Lam (University of British Columbia)
	Workshop #6 – Delivering Neurostimulation Therapies in Ontario	Dr. Peter Giacobbe (UHN) & Dr. Roumen Milev (Queen's)
	Workshop #7 – Practical Issues in Managing Adolescent Depression	Dr. Glenda MacQueen (University of Calgary)
	Workshop #8 – Psychotherapy and Pharmacotherapy in Clinical Practice	Dr. Sagar Parikh (University of Michigan)
3:00 pm - 3:15 pm 15 Minute Break		
3:15 pm – 4:45 pm	Assessing Cognitive Difficulties in Daily Life	Dr. Christopher Bowie (Queen's University)
4:45 pm – 5:00 pm	Evaluations & Wrap up	